

## MEDICAL STATEMENT FOR STUDENTS REQUIRING SPECIAL MEALS AND/OR ACCOMMODATIONS

Please note: This statement must be updated when there is a change or discontinuance of a diet order.

Student's name \_\_\_\_\_ Birth date \_\_\_\_\_ Gender ☐ M ☐ F  
School attended \_\_\_\_\_ Grade \_\_\_\_\_  
Parent/guardian name \_\_\_\_\_ Primary phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_  
Physician/Medical Provider's Name \_\_\_\_\_ Phone \_\_\_\_\_

\*\*\***FOR MEDICAL PROVIDER USE ONLY**\*\*\* (TO BE COMPLETED BY A LICENSED MEDICAL  
PROVIDER WITH PRESCRIPTION WRITING AUTHORITY)

Indicate medical diagnosis necessitating food restriction, substitution, or special diet. \_\_\_\_\_

Check major life activities affected by the student's disability or medical condition.

- ☐ Caring for self    ☐ Eating    ☐ Performing manual tasks    ☐ Walking    ☐ Seeing    ☐ Hearing  
☐ Speaking    ☐ Breathing    ☐ Learning    ☐ Working    ☐ Other \_\_\_\_\_  
☐ Major bodily function (i.e. immune system, neurological, respiratory, circulatory, endocrine, & reproductive functions)  
☐ Life-threatening (Epinephrine required)

**Diet prescription** (check all that apply)

- ☐ Food allergy (please specify all) \_\_\_\_\_  
☐ Lactose Intolerant    ☐ Diabetic (attach meal plan)    ☐ Modified Texture (describe) \_\_\_\_\_  
☐ Other (describe) \_\_\_\_\_

### OMITTED FOODS/BEVERAGES

### ALLOWED SUBSTITUTIONS


**\*\*If lactose intolerance, please specify one of the following:**

- ☐ No fluid milk only (may have cheese, yogurt, pudding, ice cream, etc.)  
☐ No milk products (no fluid milk, yogurt, cheese, pudding, ice cream, etc.)  
☐ No milk products and no products prepared with milk (i.e: no breads, desserts, or other products prepared with milk)

PHYSICIAN/MEDICAL PROVIDER'S SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

**PARENT/GUARDIAN:** I understand it is my responsibility to instruct my child not to share food items or eat any food item except those prepared for him/her in our home or by the school according to these prescribed orders. I further authorize the above diet orders as prescribed. (Both provider and parent/guardian signatures are required to authorize these diet orders.)

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

School Nurse: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_